



PEMBERTON TOWNSHIP RECREATION DEPARTMENT

2018 JUNIOR LIFEGUARD PROGRAM

FOR AGES 10-15 (AS OF THE FIRST DAY OF THE PROGRAM)

SESSION: August 20th-August 23rd

August 27h-August 30th

Monday-Thursday, 8am-12noon at Mirror Lake Beach

FEE: \$30/Resident, \$40/Non-Resident

Minimum Registrants Required: 5 / Maximum Registrants: 10

JUNIOR LIFEGUARD PROGRAM GOALS:

1. To demonstrate and teach water safety, life-saving techniques, swimming techniques for rescue, kayak & canoe skills and safety (tentative), equipment inventory, maintenance & inspection
2. To participate in physical conditioning, group and team-building activities
3. To review additional requirements of being a lifeguard including: site maintenance,

REQUIRED ITEMS:

Swim Suit, Towel, Goggles, Water Shoes, Sunscreen, Lip Protection, Notebook & Writing Utensil, Drink and Light Snack

SUGGESTED ITEMS: Extra Clothes, Hat and/or Sunglasses,



REGISTRATION:

Mail-In Registration Form Available at www.pemberton-twp.com/recreation.html

Register In Person at the Recreation Department (69 Tensaw Drive, Browns Mills)
Monday-Friday / 8am-4:30pm (After Hours Convenience Drop-Box Available)

Questions? Call 609-893-5034 or Email recreation@pemberton-twp.com

Completing this program **DOES NOT** certify your child in lifeguarding or CPR/1st Aid.